

St. Robert Parish: Grief Support Resources

Archdiocese of Milwaukee Grief Support:

- <https://www.archmil.org/Nazareth-Project/Bereavement-Ministry.htm>
- Resource documents on their website
 - Top Ten Touchstones: Grief, Mourning and Healing
 - Top Ten *Touchstones*: Grief and the Holidays
 - Top Ten Touchstones: Traumatic Loss
 - Top Ten Touchstones: Living When Your Spouse Had Died
 - Top Ten Touchstones: Parental Loss
 - Top Ten Touchstones: Living When Your *Child* Has Died

Advocate Aurora grief support groups:

- AHHS-HospiceGriefSupport@aah.org or
- <https://www.aurorahealthcare.org/classes-events/grief-sharing-support-groups-online-through-aurora-health-at-home>
 - Grieving the death of a partner, (men and women), a support group for the death of a spouse or life partner
 - Grief sharing support group (Thursdays) - online through Advocate Health at Home
 - An ongoing, bi-monthly online group offers guidance through grief and loss; understanding the grief process and learning effective ways to cope with feelings of loss and loneliness. It meets on the 1st and 3rd Monday of every month
 - Widow to widow online support group. This is an ongoing, open support group for "recent" widows that meets on the 3rd Saturday of every month. It provides a safe place for sharing and receiving grief support with other women
 - Men dealing with partner loss support group (Wednesdays) - online through Advocate Health meets twice monthly

Church and Chapel:

- <https://www.churchandchapel.com/grief-support/support-group-directory>

Children's Hospital of Wisconsin – Grief Support Group

- Grief Support Group for Children
- griefsupport@childrenswi.org
- Contact: 414-337-4250
- 8915 W. Connell Ct., P.O. Box 1997, Milwaukee, WI 53226

Compassionate Friends

- A Non-profit that provides friendship, understanding and hope to those going through the grieving process. Program available supporting family after a child dies
- <https://www.compassionatefriends.org/>
- Email: nationaloffice@compassionatefriends.org
- TCF Milwaukee County Chapter: Oak Creek Community Center
 - 8580 South Howell Avenue, Oak Creek WI 53154-2921
 - Contact: Rosemary Albrecht: 414-301-9273
- Milwaukee/Wauwatosa TCF Metro Milwaukee: Contact Johnin 317-224-8417 for info

Feerick Funeral Home Grief Library:

- <https://www.feerickfuneralhome.com/griefwords>

GRASP (Grief Recovery After a Substance Abuse Passing)

- For those who have lost someone to substance use or addiction
- www.grasphelp.org

Grief.com on-line resources

- <https://grief.com/>

Grief Share Program

- <https://www.griefshare.org>
- In-person, structured national 13-week program
- Check the website for a group in your area
- Faith-based program available in multiple locations and churches

Holy Apostles Parish - Welcome Center

- "Companion on the Journey" program
- 3875 S. 158th Street, New Berlin 53151
- Contact: Donna Rivard 262-366-7306

Horizon Home Care & Hospice – Grief Resource Center

- <https://www.horizonhomecareandhospice.org/grief-resources/grief-resource-center/>
- For questions or referrals call 414-365-8300 / (414) 586-8383
- 11400 W. Lake Park Drive, Milwaukee, WI 53224 (Good Hope & Hi 45)
- Grief counseling center dedicated to grief, bereavement, and healing
 - Regular programs & walk-ins also welcome during regular hours
 - Open to all, even if not connected with their home care or hospice programs

Old St. Mary's Parish Office

- Grief Share: 13-week Grief Support Group
- <https://www.griefshare.org>
- Contact: Terri Balash 414-469-6173
- Email: tbalash@ffpmke.org
- 835 N. Milwaukee St., Milwaukee 53202

St. Alphonsus Parish Ministry Center – Bereavement Group

- Parish email: stals@st-alphonsus.org
- Contact Kathy Knutel 414-421-3796
- 5960 W. Loomis Rd., Greendale WI 53219

Survivors Helping Survivors

- Open to all family members and friends of a loved one who has died by suicide
- <https://afsp.org/find-a-support-group/>